



Checklist for Therapeutic Use Exemption (TUE) Application:

Diabetes

Prohibited Substance: Insulin

ADO
logo

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for TUE criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. A completed application and checklist do **NOT** guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	TUE Application form must include:	
	<input type="checkbox"/>	All sections completed legibly
	<input type="checkbox"/>	All information submitted in [language(s) as per ADO preferences]
	<input type="checkbox"/>	A signature from the applying physician
	<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	Medical report should include details of:	
	<input type="checkbox"/>	Medical history: symptoms, age at onset, course of disease, start of treatment, hypoglycaemia, diabetic ketoacidosis, diabetes-related complications (where applicable)
	<input type="checkbox"/>	Interpretation of symptoms, signs and test results by physician
	<input type="checkbox"/>	Diagnosis based on international criteria (fasting blood glucose/glucose tolerance test/ A1C or random blood glucose)
	<input type="checkbox"/>	Type of insulin prescribed including dosage, frequency, administration route
<input type="checkbox"/>	Diagnostic test results should include copies of:	
	<input type="checkbox"/>	Laboratory tests (e.g., A1C profile, blood glucose)
<input type="checkbox"/>	Additional information included	
	<input type="checkbox"/>	[As per ADO specification]